

Students to learn about the game of life during PE classes

SINGAPORE – More schools will offer physical education (PE) classes with a difference over the next two years, focusing more on the learning of values and character development.

Following a successful pilot earlier this year, some 120 primary and secondary schools will receive training on a new Game for Life toolkit launched yesterday by Senior Minister of State (Law and Education) Indranee Rajah at the inaugural Leadership Symposium jointly organised by the Singapore Sports Council (SSC) and Singapore Management University.

Said SSC Chief Executive Officer Lim Teck Yin: “We all recognise the power of sport and are mindful that through the intentional and deliberate design of sporting activities to infuse character and leadership values, much more can be achieved ... Purposefully designed sports lessons and programmes are able to do this.”

Ms Indranee added that sports teaches important values, such as discipline, mental toughness, and “how to lose ... and take it gracefully”.

The toolkit has a “character and leadership through sport” framework to help PE teachers and sports leaders craft lessons that capture values-learning through teachable moments. It includes a book featuring stories from 25 people, including Deputy Prime Minister Tharman Shanmugaratnam, on how sports inspired them.

The SSC said it plans to roll out the toolkit to companies as well, starting next month with several organisations. **EUGENE NEUBRONNER**

Game for Life programme

- The toolkit will also be introduced later this year to both the East and West Colleges under the Institute of Technical Education.