

New pilot programme to use PE lessons to teach values

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Students during a physical education class at Pathlight School. A new pilot programme for primary and secondary school physical education lessons was launched on Monday by the Singapore Sports Council. Known as the Character and Leadership through Sport framework, the programme aims to teach values such as graciousness through games and role-playing during physical education lessons. -- ST FILE PHOTO: CHEW SENG KIM

By Priscilla Kham

A new pilot programme for primary and secondary school physical education lessons was launched on Monday by the Singapore Sports Council. Known as the Character and Leadership through Sport framework, the programme aims to teach values such as graciousness through games and role-playing during physical education lessons.

From June last year, more than 450 teachers and students have taken part in the programme, in schools like Admiralty Primary and Evergreen Secondary. It is expected to be carried out in 120 more schools in the next two years.

The framework is part of the 'Game for Life' toolkit launched by the council on Monday at the inaugural leadership symposium at the Singapore Management University, where Senior Minister of State for Law and Education Indranee Rajah was the guest of honour. The toolkit includes a book called 'Game for Life: 25 Journeys', which chronicles the journey of 25 people whose lives have been changed through sports. Notable names include Deputy Prime Minister Tharman Shanmugaratnam.