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The Singapore Sports Council and Singapore Management University have come up with a "Game For Life" toolkit to inspire and nurture leadership capabilities in young people.



Senior Minister of State for Law and Education Indranee Rajah (2nd L) launches the "Game For Life" toolkit.

SINGAPORE: Sports can teach us a lot of things -- like positive values and nurturing leadership capabilities in young people.

Now, there's a new toolkit that's meant to inspire, and show how it's done.

The Singapore Sports Council and Singapore Management University (SMU) came up with a "Game For Life" toolkit, which also has a book called "A Game of Life".

It highlights 25 Singaporeans who were inspired by sports.

Senior Minister of State for Law and Education, Indranee Rajah, launched the toolkit on Monday at a leadership symposium at SMU.

She said sports play an important part in a holistic education.

Ms Indranee added: "Education is supposed to prepare you for life. Life requires dealing with people.

"It requires knowing how to lead, it also requires knowing how to follow because if you are part of a team and the leaders set a certain direction, then the team has to go along with that.

"If it doesn't work, then the team has to think about it and see how to change direction. It's life in a microcosm and that's why it's important."

- CNA/al